

Scientific name:
Ximenia caffra

Common names:
Sourplum,
Grootsuurpruim,
Amanumbilo,
Letshidi



Scientific name:
Duvyalis caffra

Common names:
Kei apple,
Mohlono,
mutunguru,
Umkokolo,
Umqokolo



Indigenous tuber/root crops

Scientific name:
Strychnos spinosa

Common names:
Monkey orange,
Groenklapper,
Morapa,
Umkwakwa,
Nsala, Muramba,
Umhlabi



Scientific name:
*Englerophytum
magalismontanum*

Common names:
Stem fruit,
Mohlatswa,
Munombelo,
Amanumbela,
Umnubela,
Stumvrug



**Scientific
name:** *Parinari
curatellifolia*

Common names:
Mobola plum,
Grysappel,
Umbulwa, Mbola



Scientific name:
Manihot esculenta

Common names:
Cassava,
Muthupula,
Mutumbula,
Umdumbulu,
Ntjumbulu



**Scientific
name:** *Colocasia
esculenta*

Common names:
Amadumbe,
Amadoembie,
Marobe



Further information can be obtained from:

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Indigenous food crops



agriculture,
forestry & fisheries

Department:
Agriculture, Forestry and Fisheries
REPUBLIC OF SOUTH AFRICA

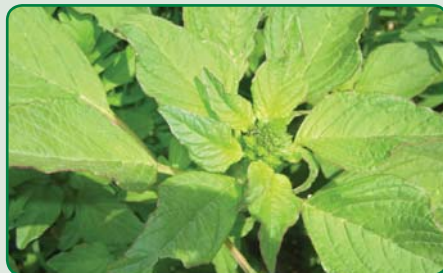
Indigenous leafy vegetables

Scientific name:

Amaranthus spp

Common names:

Amaranth, Thepe, Vowa, Umfino, Imbuya, Hanekom, Umbuya



Scientific name:

Corchorus tridens

Common names:

Jew's mallow, Ligusha, Delete, Thelele



Scientific name:

Pennisetum

glaucum

Common names:

Pearl millet, Leotja, Inyouti, Unyaluthi, Nyalothi



Indigenous grain crops

Scientific name:

Cleome gynandra

Common names:

Cleome, Spiderplant, Lerotho, Murudi, Amazonde, Vingerblaartee, Ulude



Scientific name:

Solanum retroflexum

Common names:

Black nightshade, Moonyane, Mokolonyane, Umhlabangubo, Ilenjane



Scientific name:

Brassica rapa

Common names:

Chinese cabbage, Muchaina, Rape, Chinese mustard cabbage, Mutsina



Scientific name:

Sorghum bicolor

Common names:

Sorghum, Mabele thoro, Amazimba, Amabele



Scientific name:

Vigna unguiculata

Common names:

Cowpea, Dinawa, Dinaba, Munawa, Imbumba, Koertjie



Scientific name:

Vigna subterranean

Common names:

Bambara groundnuts, Ditloo marapo, Njugo, Nduhu, Indlubu, Hlanga



Indigenous fruit crops

Scientific name:

Vangueria infausta

Common names:

Wild medlar, Mmilo, Muzwilu, Mpfilwa, Umtulwa, Umvile, Wilde mispel



Scientific name:

Mimusops zeyheri

Common names:

Red milkwood, Mmupudu, Mububulu, Umpushane, Umbummbulu



Scientific name:

Sclerocarya birrea

Common names:

Marula, Iganu, Morula, Mufura, Urganu

