

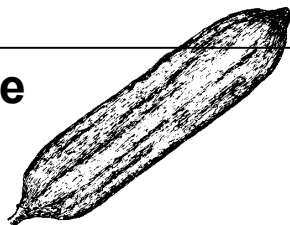
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Sausage tree

Afrikaans: worsboom

Zulu: Umbongothi

Latin: *Kigelia Africana*



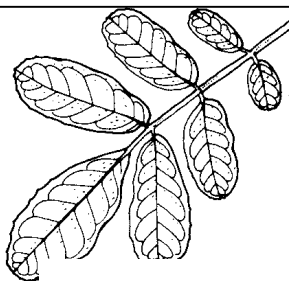
Habitat: found in open woodlands and along riverbanks. It is also common on alluvial soils

Flowering: from August to October

Fruiting: from December to June

Uses

- The green fruit is used as a soft medication for treating syphilis and rheumatism
- Medication made from its leaves is used to treat back ache
- The ground bark and fruit infusion is used to treat stomach problems in children and pneumonia
- The head is washed with an infusion made from bark to treat epilepsy



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Marula

Afrikaans: maroela

Zulu: Umganu

Latin: *Sclerocarya birrea*

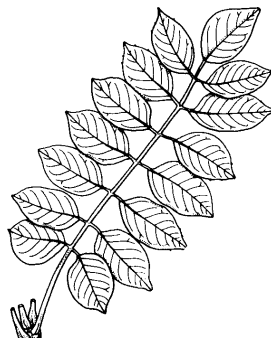
Habitat: grows in various types of woodland on sand and sandy loam soils

Flowering: from September to November

Fruiting: from January to March

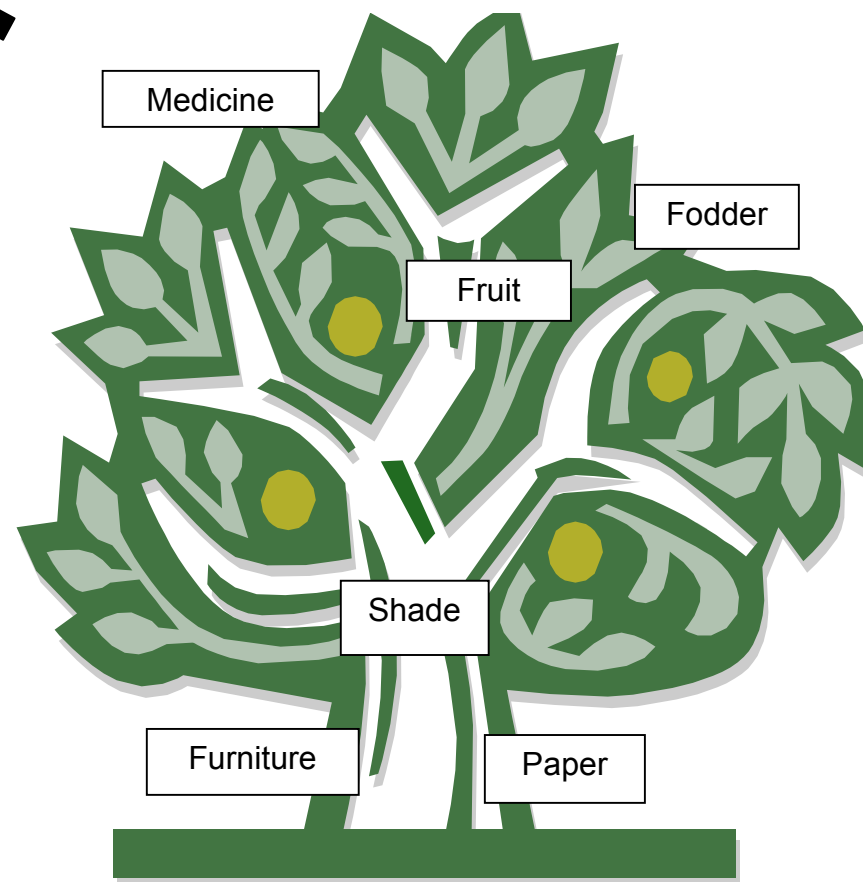
Uses

- A decoction of the bark is taken to treat dysentery and diarrhoea
- The bark contains 20.5% tannin and some alkaloids
- The skin of the fruit can be boiled in water to make drink or jam



Healing our Nation

Top 5 Indigenous Trees



Trees are Life!

The purpose of this information leaflet is to encourage South Africans to become involved in propagation and use of trees in homestead gardens, farms, parks and in any other public places, in order to ensure their continued existence. We describe 5 important indigenous trees, their uses and economic value.

Produced by Michael Mhlanga: Community Forestry, DWAF, Mpumalanga
 Pictures from: Trees of Southern Africa, Keith Coates Palgrave 1977

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